

## **Practice Newsletter, Autumn 2012**

### **Medicine for the People**

As many of you know the 1968 Medicines Act has been under review recently by the Medicines and Healthcare products Regulatory Agency (MHRA) and proposed changes looked likely to greatly undermine the availability of homoeopathic treatment in the UK. Many of us engaged in on-line lobbying, writing to our MPs etc and it would seem that this has been successful! The Department of Health continues to be in favour of patient choice and access to homoeopathy as it currently stands and has made assurances of its willingness to ensure that this access continues. A huge **THANK YOU** to those who wrote letters, e-mails etc. Effective, cost effective, safe and ecologically sound, Homoeopathy is the medicine for the people (not the pharmaceutical industry) and we need to ensure that the people know about it and the evidence for it!

### **The NHS**

The NHS spends just £4 million on homoeopathy every year (0.0004% of its budget). Leading economist Christopher Smallwood was commissioned to take an independent look at the contribution which complementary medicine could potentially make to the provision of healthcare in the UK and concluded that if just 4% of GPs were to offer homoeopathy as a major frontline approach to treatment, the NHS would make a saving of £190 million a year!

The Swiss government has echoed this in a recent report which concludes that homoeopathic medicine is both effective and cost effective. As our teenagers might say, 'HELLO!'

**Please tell people if you have had a good experience of homoeopathy;** so many people still do not know that they can make choices in their health care. If you are a Facebook fan then you could go to: [facebook.com/HoWFMe](https://www.facebook.com/HoWFMe) and 'like' the page.

### **Olympics**

Not enough people know that Usain Bolt, gold medal winner, regularly consults with a German doctor who specialises in treating sportsmen and women and who regularly incorporates homoeopathic medicines into the prescriptions. This doctor also treats, amongst others, Kelly Holmes, Boris Becker, Ronaldo, David Beckham, and Steven Gerrard and is team doctor for Bayern Munich football team. Here at the Practice we have helped many sports people, dancers, surfers and musicians to recover from injury swiftly and without side effects. We have found that homoeopathy in combination with therapeutic/sports massage (also available here at the Centre) can produce great results.