Practice Newsletter, Spring 2010

The Earth turns, the year turns...and Spring returns! Life continues through endlessly repeating cycles that are in constant motion. Billions of biochemical and informational cycles are happening inside you right now, keeping you alive as you. Cycles of sun, moon and season spin your weather, your hormones and sensitivities. Social, political and economic cycles bring us rises and falls, booms and busts, wars and peace. In our lives we move through cycles of joy and sorrow, gain and loss ease and disease. Each one of us is and everyday miracle!

One thing that does not appear to change however is the attacking of Homoeopathy! This has been going on for two hundred years now and essentially focuses on two points:

1: 'There is no scientific evidence for its effectiveness'.

2: 'The medicines contain no molecules of active ingredient so therefore it cannot work.'

In the twenty first century these arguments are at the intellectual level of the playground. 1: There **IS** evidence, quite a lot of it, some striking examples of which we have published in the Newsletter before. A recent example is a study, reported in the February 2010 of the International Journal of Oncology, carried out by the highly respected MD Anderson Cancer Centre in Houston, Texas. Homoeopathic medicines, in different potencies, were applied to breast cancer cells and were found to cause significant death rates in the cancer cells and yet no measurable harm to normal breast cells! This was a laboratory experiment on cell lines, using automated equipment and including proper controls so there was no possibility of a placebo effect. Wouldn't you think this might make the news? 'Homoeopathic Remedies *Kill Cancer Cells Without Harming Healthy Cells*' sounds like good news to most people. Earlier this year the House of Commons Science and Technology Committee's Evidence Check on Homoeopathy concluded that there was 'no evidence for homoeopathy.' The evidence was presented and ignored. Again.

2: A professor of Materials Science at Arizona State University, Rustum Roy, has said that the argument that homoeopathic medicines cannot work because they contain nothing but water is 'a naive, chemistry-schoolbook argument.' He argues that water can be imbued with a memory through a process known as EPITAXY, using the atomic structure of one compound (usually a solid) as a template to induce the same structure in another (usually a liquid). Epitaxy is used routinely in the microprocessor industry and in the seeding of clouds. Professor Roy, an acknowledged world expert in the science of water, has written that 'those who study water know that the critics of homoeopathy are wrong!'